

Change Resilience

OVERVIEW OF SOLUTION



Expanding our capacity for resilience during times of transformation and uncertainty.

In a constantly changing world, adaptability and resiliency are increasingly becoming vital skills to navigate and thrive during times of transformation. More than ever, it is essential to cultivate resilience among leaders and teams to achieve the desired business outcomes. Practicing change resilience gives teams an approach to remain engaged, reduce delays and turnover, and decrease friction that may arise with uncertainty or ambiguity.

Teams that demonstrate a high degree of change resilience represent a best practice in organizations for iterative growth, flexibility and agility, excelling during times of transformation, maintaining accountability, and alignment to the organization's purpose.

Through this highly interactive and engaging learning experience, participants will deepen their understanding of change and change resilience, how change may impact each of us differently, and acquire the necessary tools to lead and support each other and the organization during times of transformation. Leaders and team members will be equipped with tools to more effectively communicate, address resistance, empower and support others, and provide feedback in a way that builds resilience and minimizes resistance to change.